



Hot Topics in Benefits & Compliance For 2026-2027

2026
RECERTIFICATION
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Wednesday, October 21, 2026

LUNCH & LEARN, 10 AM – 2:30 PM

In Person Only, Brea Civic & Cultural Center, 1 Civic Center Circle, Brea, CA



Session One: Health Plan Cost Containment – 10 am – 12 noon

Panelists Include: Dorothy Cociu, David Franklin, Anne Kelly, Don Anderson

We will discuss the latest and best health plan cost containment ideas for fully insured, level funded and self-funded health plans, and Pharmacy Benefit Cost Containment, including GLPI drugs and Specialty Drug costs.

Lunch 12:00 pm – 12:45 pm

Session Two: ERISA Fiduciary Responsibilities in DOL Cybersecurity Requirements, Overview of the HIPAA Security Rules – 12:45-2:15 pm

Panelists Include: Dorothy Cociu & Carl Grifka

We will discuss the ERISA fiduciary requirements within the US Department of Labor's Cybersecurity Guidance, how to comply with targeted tools, and will provide an update on the anticipated HIPAA Security Final Rules.

ABC Group Clients Complimentary; ABC Broker Co-Op Members \$35, All Others \$49.00

Register at : advancedbenefitconsulting.com/events/HotTopicsL&L-10-21-26

PAYMENT OPTIONS

Check enclosed. **Make Check Payable to: Advanced Benefit Consulting** and Mail to: Seminar Reservations, Advanced Benefit Consulting, PO Box 6677, Fullerton, CA 92834. Bill my credit card.

Credit/Debit Card No. _____

Exp. Date: _____ Security Code: _____

PAYMENT ENCLOSED: _____ **SIGNATURE:** _____

YES! I want to attend:

☐ Please register me for in-person attendance \$49 each.

☐ I am an ABC Group Benefits Client with complimentary registration (subject to verification)

☐ I am an ABC Broker Co-Op Member
\$35 in person (subject to verification)

Discount Code: _____

Name: _____

Title: _____

Company Name: _____

Phone: (____) _____

Address: _____

City, State, Zip Code: _____

Email Address: _____

Additional Attendees from same firm: _____

Email Addresses for All Registrants: _____

Program Details:

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9:45-10:00 am—Registration and Check-in at Brea Civic and Cultural Center, Second Floor

10:00-12:00 noon— Health Plan Cost Containment—David Franklin, EBA&M, Anne Kelly, Patrick & Patrick Insurance Services, Dorothy Cociu, Advanced Benefit Consulting, Don Anderson, OrionRx. We will discuss the latest and best health plan cost containment ideas for fully insured, level funded and self-funded health plans, including but not limited to fully insured discussions on High Deductible Health Plans with HRA Wraps, HSAs, ICHRAs, carrier current strategies in cost containment and carrier Pharmacy Benefit Cost Containment; Level Funding; Self-Funding Key Savings Features; How to Manage Pharmacy Benefit Costs in Self-Funded Plans, with a look at GLP1 drug and Specialty Drug costs. **"This Program has been approved for 2 HR (General) Recertification Credit Hours toward aPHR®, aPHRi®, PHR®, PHRca®, SPHR®, GPHR®, PHRi®, and SPHRi® recertification through HRCI."**

12:00-12:45 pm Lunch

12:45-2:15— ERISA DOL Cybersecurity Requirements & Tools To Help You Comply—Dorothy Cociu, Advanced Benefit Consulting, Carl Grifka, AlphaSecure, LLP. We will discuss the ERISA fiduciary requirements within the US Department of Labor's Cybersecurity Guidance, how to comply with targeted tools, including our Cybersecurity Program Guide Workshop Walk-Through, and will review the anticipated HIPAA Security Final Rules. **"This Program has been approved for 1.25 HR (General) Recertification Credit Hours toward aPHR®, aPHRi®, PHR®, PHRca®, SPHR®, GPHR®, PHRi®, and SPHRi® recertification through HRCI."**

2:15-2:30 Attendee Q&A

2:30 pm—Program Concludes

Speaker Biographies can be found on our website on the event page for this program.

Session One Speakers— Health Plan Cost Containment:



Left to Right: Dorothy Cociu, Advanced Benefit Consulting, David Franklin, EBA&M, Don Anderson, OrionRX, Anne Kelly, Patrick & Patrick Insurance Services

Session Two Speakers—ERISA DOL Cybersecurity Requirements & Tools To Help You Comply:



Dorothy Cociu, President, Advanced Benefit Consulting, Carl Grifka, Principal, Newport Consulting LLC & Alfa Secure LLP

Clients are complimentary, as usual (subject to verification). Workshop In-person registration \$49, per person.

Broker-Co-Op members for in person registration \$35 (subject to verification).

Register Online at www.advancedbenefitconsulting.com/events/HotTopicsL&L-10-21-26 or complete the form on page 1 and mail to Advanced Benefit Consulting, PO Box 6677, Fullerton, CA 92834. ***For Questions or Seminar Reservations, Please Call (714) 693-9754 x 101 or Toll-Free at (866) 658-3835.***